



AGING WELL TOGETHER

Community Health Worker Training for Age-Friendly & Dementia-Friendly Care

Build health equity through informed care for older adults!

TRAINING OVERVIEW

- Learn how to support older adults and caregivers, especially in rural, underserved, and tribal communities.
- Gain specialized knowledge in age-friendly and dementia-friendly care.
- Enhance your ability to connect patients with essential resources.

COMPETENCIES ADDRESSED

- Approved for 2.5 hours Texas State-Certified CE Credit (1.5 hours Knowledge Base and 1.0 hour Communication) and aligning with the same C3 Core Skills in Oklahoma.
- Providing communities with these C3 Core CHW Core Roles:
 - Cultural mediation among individuals, communities and health and social service systems.
 - Providing culturally appropriate health education and information.

WHAT YOU WILL LEARN

- Basics of Alzheimer's and dementia.
- Principles of age-friendly and dementia-friendly care.
- Strategies for connecting patients and caregivers to health care and community resources.

WHO SHOULD ATTEND?

- CHWs or other community health educators, especially in rural, tribal, and underserved areas.
- Those passionate about improving care for older adults and supporting caregiver needs.

TRAINING DETAILS

- No cost to attend
- Interactive, practical, and community-focused learning experience.
- Take as an in-person group workshop delivered by Dr. Wagner or as an online self-paced course.

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